



# The Dragon's Dispatch

## Daily Schedule

**9:10 am**

Supervision Begins

9:30 am

Entry Bell

11:30 am

1st Nutrition Break

11:50 a.m.

1st Activity Break

12:10 p.m.

Instructional Time

2:10 p.m.

2nd Nutrition Break

2:30 p.m.

2nd Activity Break

2:50 p.m.

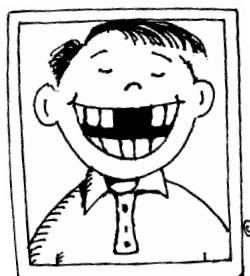
Instructional Time

**3:50 p.m.**

Dismissal

## UPCOMING DATES

- ◆ October 1 - Swimming for Mulvihill & Carmichael's classes
- ◆ October 2 - Swimming for Tripp & Montgomery's classes
- Grade 7 Soccer Tournament
- ◆ October 4 - Little Caesars Orders are due
- Swimming for Dequetteville & deBoer's classes
- Cross County Meet - Logo's Land
- ◆ October 5 - PA Day - No School for Students
- ◆ October 9 - Swimming for Tripp & Montgomery's classes
- ◆ October 10 - Cross Country Meet - Hugli's
- ◆ October 11 - Swimming for Dequetteville & deBoer's classes
- ◆ October 12 - School Picture Day
- Pizza and Popcorn Day
- Swimming for Sloan & Blais' classes
- ◆ October 15 - Swimming for Mulvihill & Carmichael's classes
- ◆ October 16 - Swimming for Tripp & Montgomery's classes
- ◆ October 18 - Swimming for Dequetteville & deBoer's classes
- Delivery of Little Caesars Orders
- ◆ October 19 - Swimming for Sloan & Blais' classes
- Spirit Day - Camo / Plaid Day
- ◆ October 22 - Swimming for Mulvihill & Carmichael's classes
- ◆ October 23 - Swimming for Tripp & Montgomery's classes
- ◆ October 25 - Swimming for Dequetteville & deBoer's classes
- ◆ October 26 - Pizza and Popcorn Day
- Swimming for Sloan & Blais' classes
- ◆ October 29 - Swimming for Mulvihill & Carmichael's classes
- ◆ October 30 - Swimming for Tripp & Montgomery's classes



Picture Day!

### SCHOOL PICTURES

School pictures will be taking place on **October 12th.**

Be sure to bring your biggest and brightest smiles



Our delivery and pick-up date is Thursday, October 18th from 3:30 - 5:00 in the school gym.  
**Sorry we do not have freezer space at the school to store the orders.**

## *A message from Ms. Elliott, our School Support Counsellor*

At Champlain Discovery we strive to teach our students about "gratitude"

### **What is Gratitude**

Gratitude means feeling thankful and appreciative for what you already have. By recognizing what we are grateful for, we can multiply our happiness and well-being. In some ways, it's just common sense. By focusing on the positive things in your life, you end up feeling better.

Gratitude isn't just being thankful for the big things in your life, though. It's about learning to notice all the little things that happen that you can be happy about too!

### **DRESSING FOR THE WEATHER**

The weather this time of year can be very unpredictable! Please remind your child to dress appropriately for our fall weather conditions. Dressing in layers, wearing rubber boots will help your child stay warm and dry. It would also be appreciated if you could send your child with an extra set of dry clothing, including socks, so that they have something dry to change into should they need it. Thank you!



### **YOUTH IN MOTION**

**WE** Scare  
Hunger

From October 15th - 26th our Youth in Motion Club will be collecting non-perishable food items and monetary donations for our local food banks. More information will come home before the campaign begins. Let's SCARE hunger together, Dragons!

### **BREAKFAST CLUB**

**BREAKFAST**

We would like to send out a big thank you for the breakfast club donations that families continue to drop off at the school. This helps many students benefit from the breakfast club daily.

We are also still collecting stamped receipts from Metro. The box is in the front foyer of the school.

### **PARENT COUNCIL NEWS**

On behalf of parent council, we would like to take a minute to thank Laura Demont for serving as our Chair for the past 9 years. She has recently accepted a permanent position as an Educational Assistant at our school, and as such she must step down from her current role with parent council. Laura has played a pivotal part in providing the students at Champlain Discovery with many "extras" over the years and we thank her for her selfless dedication to our school.

**THANK YOU**



### **CHRISTMAS CRAFT AND VENDOR SALE**

**SATURDAY, DECEMBER 8TH**

**10:00 a.m.- 4:00 p.m.**

**FREE ADMISSION.**

**Bring your friends and family and start your Christmas shopping.**

**Over 50  
Vendors**